



RISK ASSESSMENT – Small Group Football Training

Neston Nomads – Private Facility

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Review Date: 21/07/20

Venue: NCC

Next Review: 01/08/20

1. Task Description and Scope:

Out of season FOOTBALL TRAINING in-line with The FA for football restart (15/06/20), The FA Football Activity Guidance (15/06/20) and latest Government Coronavirus advice.

Scope:

- Outdoor Astro Pitch based activity at NCC
- Maximum group size of 9 players to 1 coach / 18 players to 2 coaches in same squad
- For under 18 members and in line with club and FA safe-guarding policy. This includes the requirement of parents or a dedicated adult to remain at the club.
- All coaches to familiarize themselves with FA guidelines for coaches, parents and players – see link <http://www.thefa.com/news/2020/jun/12/grassroots-covid-19-update-120620>
- Track and trace implementation

2. Playing / Training Area:

Check that the area and surroundings are safe and free from obstacles. Is the area fit and appropriate for activity?

Control Measures:

- 1 training group 9:1 ratio per 1/6 of the whole pitch or of same squad of 18:2 on 1/3 of pitch.
- Training area to be clearly set out by coach and location communicated before training.
- Before each session coach to check the area for potential hazards.
- Ensure coach has isolated Out of Bounds any equipment or fixtures located on pitch.
- Ensure players and parents access from main club car park only.
- Ensure players and parents access leave in an orderly and supervise manner into main car park
- First aiders should read, understand and act strictly in accordance government guidance
 - <https://www.gov.uk/government/publications/novel-coronavirus-2019-ncov-interim-guidance-for-first-responders/interim-guidance-for-first-responders-and-others-in-close-contact-with-symptomatic-people-with-potential-2019-ncov>

- <https://www.hse.gov.uk/news/first-aid-certificate-coronavirus.htm#non-healthcare>
- Coaching should only be undertaken by coaches with a valid DBS

3. **Equipment:**

Check that it is safe and suitable for age group/ability.

Control Measures:

- All equipment to be disinfected before and after training.
- Equipment sharing to be kept to a minimum.
- Hands to be sanitised before and after touching equipment, including footballs.
- No equipment sharing between different small training groups.
- No equipment brought in by children.

4. **Participants:**

Ensure that participants are appropriately attired and suitable for the activity. Everyone to follow Government Coronavirus guidelines and maintain social distancing.

Control Measures:

- Minimum of 1m, prefer 2m distance between participants maintained where possible.
- Maximum group size of 20 per 1/3 of pitch.
- Players must not cross into other group training areas.
- No spitting or clearing mouth.
- Bring and only use your own water bottle.
- Bring waterproof and suitable clothing as no access to shelter.
- No metal studs on pitch.
- Coach to keep register of players and coaches at each session

5. **Facilities:**

Clubhouse and toilets not available for use. Main car park only to be used.

Control Measures:

- Brief players and parents the need to leave the club for toilet facilities.
- Age Groups to liaise on training times to ensure numbers of small groups do not exceed parking and pitch space. Any slots will be allocated in advance.

6. **Additional Risk Identified:**

Coronavirus

Control Measures:

- Do not attend if you feel unwell in any way or have a temperature.
- If a player comes down with symptoms during or after training, report to coach who will contact the other players in same training group who must follow government guidance.
- Hand sanitisation to be used on arrival and departure. Players to bring their own.
- Risk assessment to be shared and signed by a parent of all players that engage in 'Small Group training' at NCC
- Anyone not following the club's policy and/or risk assessment will be asked to leave training.

Risk assessment carried out by

Signed:

Date: