



NESTON NOMADS EMERGENCY FIRST AID POLICY

It is the policy of Neston Nomads Football Club to take all reasonable and practicable steps to safeguard the Health and Safety and welfare of all club members and to protect all other persons against hazards to Health or Safety arising out of the Clubs activities. This document details the Club's First Aid plan.

Purpose: This plan is to provide guidance to all managers and volunteers on the provision of first aid at training or pitch side.

Neston Nomads are committed to providing a safe and healthy environment for all managers, players, supporters and opposing teams, and the ongoing appointment of qualified first aid officers will ensure that anyone associated with Neston Nomads will have access to first aid assistance should an injury or illness occur.

All Neston Nomad Football Club members of staff have a duty of care, to themselves and others, to provide assistance when required, to the level of their competence, including calling on expert assistance when necessary, as set out in this first aid plan.

First Aid Procedure

First Aid Officers: Neston Nomads Football Club will train an appropriate number of personnel to the standard of Sports Injury Training. Neston Nomads Football Club will maintain a register of all personnel who have an FA emergency first aid certificate. Neston Nomads Football Club will ensure that a minimum of one person holding an FA emergency first aid certificate will be present at each game.

Emergency First Aid Officers Responsibilities

First Aid Officers must: Provide initial first aid attention when necessary to players. Must remain with an injured or ill person until no further treatment or assistance is required, or until the person is handed over to ambulance or other medical personnel, unless the officer's personal safety is at risk.

Ensure the team has an injury or accident book which is updated for the treatment of any person in relation to any injury/incident. The First Aid Officer must ensure that others are aware of the location of the first aid kits.

Absence of First Aid Officers: In the event of a First Aid Officer not being immediately available to administer First Aid in an emergency, Neston Nomads staff should summon appropriate medical support via NHS 24 (0845 24 24 24) or if more serious call an ambulance by dialing 999 or if location is in a field or not known or in case of poor phone reception dial 112 which will be able to track your location.

Staff Awareness: All Managers must make themselves aware of all the first aid facilities available whether playing home or away; the location of first aid kits; the names of other first aid officers; the procedure to follow when the manager / first aid officers are absent, and the procedures to be followed when first aid is required. This will be communicated to all Neston Nomads managers / first aid officers at the start of each new season, or if a new manager joins the Club.

First Aid Kit: A mobile first aid kit which has been approved by the Club and FA must be available for all matches. A mobile First Aid bag for players which has been approved by the Club and FA will be taken to away matches. A mobile First Aid bag for players, which has been approved by the Club and FA, will be available at all training sessions. ☒ First aid kits will be under the control of trained first aid personnel. All managers are responsible to ensure that all first aid kits under their control are fully stocked and will carry out regular audits on the contents, and arrange to replenish supplies as and when required.

Defibrillator : Neston Nomads Football Club will ensure an adequate number of staff are trained in the use of the defibrillator. Only personnel with specific AED training are authorised to use this unit. When attending matches home or away the Automated External Defibrillator (AED) unit must be located and noted.